

Our Mission

Women Against Prostate Cancer is a national organization working to unite the voices of, and provide support for, the millions of women affected by prostate cancer and their families. WAPC advocates prostate cancer education, public awareness, screenings, legislation, and treatment options.



WAPC was created through the combined efforts and missions of Men's Health Network and The Dean & Betty Gallo Prostate Cancer Center in order to reach families and provide them with the education they need on prostate cancer. The organization is comprised of women affected by prostate cancer, healthcare providers, patient advocates, and others who are furthering WAPC's mission.



WOMEN AGAINST PROSTATE CANCER



Women helping women make a difference in the lives of men by fighting prostate cancer.

For more information
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Women Against Prostate Cancer (WAPC) connects an expanding national grassroots network of women volunteers that provides support for women and their families affected by prostate cancer through access to resources and innovative programming. WAPC is also a tool for women to harness the power of their voices to advance national and state-based educational, media, and public policy efforts.

WAPC organizes educational events and symposia; creates state networks for education and advocacy; provides resources on prostate cancer to help women cope with the effects of the disease on their husbands, partners, and families; and is developing a unique program on intimacy to allow women and couples to discuss often-neglected issues affecting their quality of life.



Why Fight Prostate Cancer?

- One in six men born today will be diagnosed with prostate cancer in their lifetime, and for African American men the rate is one in four.
- This year alone, the National Cancer Institute estimates that in the U.S. over 180,000 men will be diagnosed with prostate cancer and the disease will cause approximately 30,000 deaths.
- Prostate cancer does not affect men in isolation: it has a devastating effect on entire families, especially wives and partners.
- If detected early, prostate cancer is a highly treatable disease, greatly reducing suffering and leading to higher quality of life.

What Women Should Know About Prostate Cancer

What is prostate cancer?

The prostate is a walnut-sized male sex gland that contributes to the fluid that helps carry sperm. It is located just below the bladder. Prostate cancer occurs when a group of cells grows abnormally out of control in the prostate; these cancerous cells may invade and then destroy healthy tissues and organs.

Who is at risk?

All men are at risk of being diagnosed with this disease. However specific risk factors include:

- **Age**—Men 40 or above who are African American or have a family history and most other men over 50 have higher incidences of prostate cancer.
- **Family History**—Those with fathers, brothers, or other male family members who have had prostate cancer are at greater risk.
- **Race**—African American males are at highest risk, up to twice as likely as other races to get prostate cancer.

What screenings exist ?

Men at risk should be regularly screened through the following tests:

Prostate Specific Antigen (PSA) is a blood test that can often detect a prostate-related problem. An abnormal test result may indicate that additional testing is needed.

Digital Rectal Exam (DRE) allows a physician to feel the prostate and thereby physically detect abnormalities.



A United Front
of Power and
Hope over
Prostate Cancer