

## Male Health – 20 Years of Progress – 1994 to 2014

### 20<sup>th</sup> Anniversary of the passage of National Men's Health Week

#### Life Expectancy

In 1994, there was a 6.6 year gap between the life expectancy of men and women. By 2010 men and women both are living longer, and the gap had narrowed to 4.8 years.

The gap for white men and women had gone from 6.3 years to 4.8 years.  
The gap for black men and women had gone from 9 years to 6.2 years.

#### Life Expectancy from Birth (in years)

Source: Life Expectancy at Births 1900-2010 (Source: NVSS)

Race/Ethnicity	1994		2010	
	Male	Female	Male	Female
All	72.4	79	76.2	81
White	73.3	79.6	76.5	81.3
Black	64.9	73.9	71.8	78
Hispanic	~	~	78.5	83.8
non-Hispanic white	~	~	76.4	81.1
non-Hispanic black	~	~	71.4	77.7

#### Cancer Mortality (Age-Adjusted)

The age-adjusted death rates from cancer have improved across ethnicities for both men and women, with dramatic improvement for black men as the rate for men moves closer to that of women.

#### Observed Cancer Mortality (Age-Adjusted rate per 100,000) – All Sites

Source: <http://statecancerprofiles.cancer.gov/historicaltrend>, Mortality data are provided by the National Vital Statistics System at the National Center for Health Statistics of the Centers for Disease Control and Prevention.

Race/Ethnicity	1994		2010	
	Male	Female	Male	Female
All	272.1	174.1	208.8	145.7
White	264.7	172.6	207.1	145.9
Black	385.2	204.1	264.4	166.3
Hispanic	182.4	113.4	150.1	99.3
non-Hispanic white	267.3	175.0	212.3	149.9
non-Hispanic black	~	~	~	~

### Major Cardiovascular Diseases (as underlying cause) (Age-Adjusted)

Similarly, there has been a dramatic decrease in mortality for cardiovascular diseases as the rate for men moves closer to that of women.

### Mortality by Major Cardiovascular Diseases (as underlying cause) (Age-Adjusted Rate per 100,000)

Source: Mortality by underlying and multiple cause, ages 18+: US, 1981-2010 (Source: NVSS)

Race/Ethnicity	1994		2010	
	Male	Female	Male	Female
All races	471.2	317.8	282	196.1
White	464.5	309.2	277.1	191.1
Black	579.3	412.8	366.6	258.5
American Indian/Alaska Native	349.6	219	200.3	142.8
Asian/Pacific Islander	277.9	185.6	175.6	123.4
Hispanic	~	~	213.8	149.6
non-Hispanic White	~	~	281.1	193.5
non-Hispanic Black	~	~	374.5	263.9

### Mortality by All Causes (as underlying cause) (Age-Adjusted Rate)

Mortality by all causes has improved since 1994 for both genders with males significantly narrowing the gap with females.

### Mortality by All Causes (as underlying cause) (Age-Adjusted Rate per 100,000)

Source: Mortality by underlying and multiple cause, ages 18+: US, 1981-2010 (Source: NVSS)

Race/Ethnicity	1994		2010	
	Male	Female	Male	Female
All races	1155.5	738.6	887.1	634.9
White	1118.7	717.6	878.5	630.8
Black	1592.8	954.6	1104	752.5
American Indian/Alaska Native	953.3	618.8	730.2	541.7
Asian/Pacific Islander	641.9	408.8	512.1	359.1
Hispanic	~	~	677.7	463.4
non-Hispanic White	~	~	892.5	643.3
non-Hispanic Black	~	~	1131.7	770.8