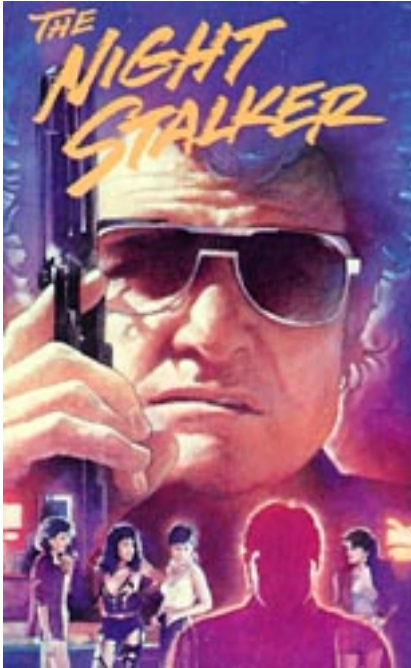


When You Can't Seem to Go With the Flow . . .

Charles Napier's Story



Charles Napier is an actor who has appeared in numerous movies throughout the years. You may remember him in "Blues Brothers," "Silence of the Lambs," "Rambo II", "Austin Powers" or "Night Stalker." Tough-guy roles, mostly. But, for him, "night stalker" had a pesky meaning you just might share. And he wasn't the only one who was bothered.

As he put it: "I was urinating every hour on the hour and was also waking up my wife throughout the night."

It is a common medical problem as men mature. By his mid-fifties, Charles began experiencing symptoms of an enlarged prostate (also known as BPH, or benign prostatic hyperplasia). His frequent urination was disturbing his daily activities and was most bothersome during the

night. The prostate gland surrounds the urethra, which carries urine from the bladder outside the body. As the gland enlarges, it grips the urethra like a clamp on a garden hose. Half of all men in their 50s and 80 percent in their 80s have symptoms like Charles had.

As an actor, he was required to travel a lot. But he was hesitant because he had to always plan ahead, finding the bathrooms nearest each location. Charles's symptoms were getting in the way of his career. Put yourself in his place. Perhaps you've felt the urge at the wrong time. "I was very embarrassed when I was in the middle of shooting a scene and I had to break to go to the bathroom," Charles remembered.

Charles realized that he needed help and visited a number of urologists. A biopsy was done to rule out the possibility of prostate cancer. Medications were prescribed for his BPH symptoms. Charles tried Flomax® (a prescription medication) and quit taking it after one week. "When I was taking Flomax it took me about an hour of trying to urinate before I could actually go. It plugged me up," he said. He also tried blood pressure medication, which provided relief but caused severe migraine headaches. As a last resort, he tried Saw Palmetto (an over-the-counter herbal supplement). This was not effective and was getting costly, so he decided to stop taking medications.

Finally, he saw an ad for Medtronic TUNA[®] Therapy. After attending an TUNA Therapy educational seminar held near his home, he went back to his urologist's office and the doctor told Charles that he would be a good candidate for TUNA Therapy. During an hour-long office procedure with local anesthesia, the urologist delivered radio frequency energy through the urethra to destroy a precisely defined region of the enlarged prostate. Though results can vary, the symptoms usually improve gradually until the urine flow rate improves.

Charles Napier received TUNA Therapy on September 26, 2001. He didn't notice results immediately after the procedure, but, after about four months, Charles noticed a significant reduction in his symptoms. Improvement continued gradually after that.

"I am about 80% better after getting the procedure done," Charles said. He also said he experienced no side effects with TUNA Therapy. "My quality of life today is pretty much back to normal. TUNA Therapy has been very effective for me. It has helped me both physically and psychologically."



TUNA Therapy breaks the grip of BPH.

This profile describes one man's experiences with TUNA Therapy for the treatment of enlarged prostate. Results vary; not every response is the same. If you have the symptoms – frequent urination, urgency, leaking or dribbling, hesitant or weak urine stream or recurrent bladder infections, your urologist can help you decide if TUNA Therapy is right for you.

Indications: The TUNA System is indicated for the treatment of symptoms due to urinary outflow tract obstruction secondary to benign prostatic hyperplasia (BPH) in men over the age of 50 with prostate sizes between 20 and 50 cc.

Adverse Events: Side effects may include obstruction, bleeding, pain/discomfort, urgency, frequency, and urinary tract infection.

Flomax[®] is a registered trademark of Yamanouchi Pharmaceutical Co., Ltd.
TUNA[®] is a registered trademark of Medtronic, Inc.