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FOR IMMEDIATE RELEASE

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Gov. Quinn Issues Proclamation for Illinois Men's Health Week – June 10-16, 2013

(Washington, DC) – Governor Pat Quinn issued a proclamation declaring June 10-16 *Illinois Men's Health Week*— the week leading up to Father's Day— which is a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices.

“Men's Health Week will raise awareness of a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancer,” the proclamation said. **“All of the citizens of this state are encouraged to recognize the importance of a healthy lifestyle, regular exercise and medical check-ups.”**

In preparation for Illinois Men's Health Week, we invite health care professionals, private industry, faith-based organizations, community groups, insurance companies, and all other interested organizations and individual citizens, to organize and plan for activities and events, which will focus on men's health during the week of June 10-16. For ideas and open resources in both English and Spanish, visit www.nationalmenshealthweek.org and www.menshealthmonth.org.

The proclamation encouraged Illinois citizens to pursue preventive health practices and early detection efforts.

“Governor Quinn's recognition of June 10-16 as Illinois Men's Health Week, together with those of many other governors who have issued similar proclamations, are great contributions to our on-going efforts of drawing national attention to improving the health and the well-being of men and boys in America,” said Ana Fadich, MHN Vice President. **“Recognizing and preventing men's health problems is not just a man's issue; because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue.”**

National Men's Health Week, sponsored by Senator Bob Dole and Congressman Bill Richardson, passed Congress and was signed into law by President Clinton, on May 31, 1994.

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Men's Health Week is organized by [Men's Health Network](http://www.menshealthnetwork.org) (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork.

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