



Men's Health Network

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September is Prostate Cancer Awareness Month

(Washington, DC) – Prostate cancer is the most common cancer in males with one in six men diagnosed in their lifetime, a number that rises to one in five for African American men. Yet prostate cancer may be successfully treated if detected early. With this in mind, the month of September is recognized as Prostate Cancer Awareness Month.

“The bottom line? Having an annual prostate exam, including a PSA test, just might save your life,” said Jim Morning, Delaware State Coordinator for the Men’s Health Network. **“No matter what age you are, that annual PSA test creates a benchmark against which to judge future tests.”**

In preparation for Prostate Cancer Awareness Month, Men’s Health Network (MHN) encourages men to “Get It Checked” <http://www.GetItChecked.com> as early detection is the best predictor of survival. MHN urges men at high risk for prostate cancer to talk with their health care provider about getting a yearly screening starting at age 40, with other men beginning at age 50. The group also emphasizes the role that women can play by encouraging their husbands or partners to speak to their health care provider about being screened for prostate cancer, including a prostate-specific antigen (PSA) test and a digital rectal exam (DRE).

“Prostate cancer is a silent killer,” said Dr. David Samadi, Chairman of Urology, Chief of Robotic Surgery at Lenox Hill Hospital. **“You may have it and not know it. Finding it early has a high chance of cure while retaining your quality of life.”**

In recognition of Prostate Cancer Awareness Month, the Men’s Health Network has also developed a new brochure that details the stages of prostate cancer. It also contains information on living with advanced stage prostate cancer. This guide, “Prostate Cancer: Diagnosis, Stages and Treatment,” can be found at <http://www.menshealthnetwork.org/library/prostate-cancer-advanced.pdf>

To learn more about prostate cancer, visit www.ProstateHealthGuide.com or the Men's Health Resource Center at <http://www.MensHealthResourceCenter.com>

To learn more about Dr. Samadi, visit www.ProstateCancer911.com

[Men's Health Network](http://www.menshealthnetwork.org) (MHN) is a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork or Facebook at www.facebook.com/menshealthnetwork

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