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## Men's Health Network Partners with the Mankind Project to Celebrate Men's Health Month

(Washington, DC) –<u>Men's Health Network</u> (MHN) and the <u>ManKind Project USA</u> (MKP USA) are partnering during June, *Men's Health Month,* to encourage men and boys everywhere to live healthy lifestyles.

"We are proud to partner with the ManKind Project USA to celebrate the health of men in June," said Ana Fadich, MHN Vice President. "Failure of men and boys to talk about their health translates into leading shorter and less healthy lives. We invite all men to take advantage of the many health screenings and other health directed activities, which are taking place in June in their communities – if not for their own sake, then out of love and care for their families."

Anchored by a Congressional health education program, Men's Health Month is celebrated across the country and around the globe with screenings, health fairs, media appearances, and other health education and outreach activities. Community outreach workers, faith leaders, and healthcare providers will be working to raise awareness of preventable health problems and encourage early detection and treatment of diseases among men and boys. For ideas and resources in both English and Spanish, visit www.menshealthmonth.org.

"The ManKind Project USA is proud to be partnered with the Men's Health Network again this year for Men's Health Month," said Richard Goldberg, MKP USA Executive Director. "We're committed to helping men lead great lives, and physical and emotional health are core parts of a well-lived life. I've been to communities across the United States and witnessed the impact these diverse groups of men are having. When the barriers to talking about men's health issues come down, and men learn to support one another in making healthy choices, lives truly change."

The MKP USA supports men's health by providing an array of social and emotional growth opportunities in 32 local centers. Each week there are over 800 peer facilitated men's groups supporting over 7,000 men throughout the United States, focused on helping each man live the life he was born to live. MKP USA has identified community-based support to be the most effective way to reach men: face-to-face, in real time, and wherever they are in their personal development.

"Our programs ask men to go right up to the edge – and beyond it – in a culture that seems comfortable with mediocrity and passivity from men. We ask men to

stop living a vicarious adventure through their TV's and step into a real time adventure, win back their passion for life, and to take on a purpose bigger than themselves," said Boysen Hodgson, MKP USA Communications Director. "We need physically, emotionally, mentally, and spiritually healthy men to be partners for the kind of change that the world is waiting for. Working with the Men's Health Network and Men's Health Month fits with our vision in the ManKind Project."

<u>Men's Health Network</u> (MHN) is a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at <u>www.menshealthnetwork.org</u> and follow them on Twitter @MensHlthNetwork and <u>facebook.com/menshealthnetwork</u>

The <u>ManKind Project</u> is a global non-profit [501 (c)(3)] charitable organization that conducts challenging and highly rewarding programs for men at every stage of life. The ManKind Project supports a global network of peer-facilitated men's groups, where men mentor men through the passages of their lives. The ManKind Project empowers men to missions of service, supporting them to make a difference in the lives of men, women, and children around the world. We help men through any transition, men at all levels of success, men facing almost any challenge. Our flagship training, described by many as the most powerful men's training available, is the <u>New Warrior Training Adventure</u>. The ManKind Project (MKP) is not affiliated with any religious practice or political party. We strive to be increasingly inclusive and culturally aware.

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