

Life Expectancy by Country

Data compiled by the Men's Health Network: www.menshealthnetwork.org

(Data provided by the U.S. Census Bureau, International Database, 2017 estimates.)

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Women outlive men in all but 2 of the 228 countries where life expectancy statistics for both sexes are available. The trend is consistent regardless of race or ethnicity and in both developed and underdeveloped countries. In those countries where men outlive women, the gap is very narrow. In 176 of those 226 countries where women outlive men, the gap exceeds 4 years, and exceeds 10 years in 4 of those. Worldwide, women live 4.1 years longer than men.

Country	Male	Female	Gap
World	67.3	71.4	4.1
Afghanistan	50.3	53.2	2.9
Albania	75.8	81.4	5.6
Algeria	75.6	78.4	2.8
American Samoa	71.3	75.6	4.3
Andorra	80.7	85.2	4.5
Angola	58.2	62.3	4.1
Anguilla	78.9	84.2	5.3
Antigua/Barbuda	74.6	79	4.4
Argentina	74.2	80.6	6.4
Armenia	71.6	78.5	6.9
Aruba	73.9	80.1	6.2
Australia	79.8	84.9	5.1
Austria	78.9	84.4	5.5
Azerbaijan	69.7	76.1	6.4
Bahamas, The	70.2	75.1	4.9
Bahrain	76.8	81.3	4.5
Bangladesh	71.3	75.6	4.3
Barbados	73.2	77.9	4.7
Belarus	67.5	78.8	11.3
Belgium	78.5	83.8	5.3
Belize	67.3	70.6	3.3
Benin	60.9	63.8	2.9
Bermuda	78.2	84.6	6.4
Bhutan	69.6	71.7	2.1
Bolivia	66.7	72.4	5.7
Bosnia/Herzegovina	73.9	80.2	6.3
Botswana	61.2	65.5	4.3
Brazil	70.5	77.7	7.2
Brunei	75	79.8	4.8
Bulgaria	71.4	78.2	6.8
Burkina Faso	53.8	58	4.2
Burma	66.6	69.9	3.3
Burundi	59.2	62.7	3.5
Cape Verde	70.1	74.8	4.7
Cambodia	62.4	67.5	5.1
Cameroon	57.6	60.4	2.8
Canada	79.3	84.7	5.4
Cayman Islands	78.6	84.1	5.5
Central African Republic	51.4	54.2	2.8
Chad	49.4	51.9	2.5
Chile	75.9	82.1	6.2
China	73.6	78	4.4
Colombia	72.8	79.3	6.5
Comoros	62.3	67	4.7
Congo (Brazzaville)	58.6	61.1	2.5
Congo (Kinshasa)	56.1	59.3	3.2
Cook Islands	73.2	79	5.8
Costa Rica	76.1	81.5	5.4
Cote d'Ivoire	57.8	60.2	2.4

Country	Male	Female	Gap
Croatia	72.9	79.4	6.5
Cuba	76.5	81.3	4.8
Curacao	76.2	80.9	4.7
Cyprus	76	81.8	5.8
Czechia	75.8	81.9	6.1
Denmark	77.1	82.1	5
Djibouti	61	66.2	5.2
Dominica	74.2	80.3	6.1
Dominican Republic	76	80.6	4.6
Ecuador	74	80.1	6.1
Egypt	71.6	74.4	2.8
El Salvador	71.6	78.3	6.7
Equatorial Guinea	63.4	65.8	2.4
Eritrea	62.7	67.8	5.1
Estonia	72.1	81.9	9.8
Ethiopia	60.1	65.1	5
Faroe Islands	78	83.2	5.2
Fiji	70.3	75.8	5.5
Finland	78	84.1	6.1
France	78.8	85.2	6.4
French Polynesia	75.1	79.8	4.7
Gabon	51.7	52.5	0.8
Gambia, The	62.8	67.5	4.7
Gaza Strip	72.5	75.9	3.4
Georgia	72.3	80.7	8.4
Germany	78.5	83.3	4.8
Ghana	64.5	69.6	5.1
Gibraltar	76.7	82.6	5.9
Greece	78	83.4	5.4
Greenland	69.9	75.5	5.6
Grenada	71.9	77.4	5.5
Guam	73.6	78.6	5
Guatemala	70.6	74.7	4.1
Guernsey	79.9	85.4	5.5
Guinea	59.5	62.6	3.1
Guinea-Bissau	48.9	53.1	4.2
Guyana	65.6	71.8	6.2
Haiti	61.6	66.8	5.2
Honduras	69.5	72.9	3.4
Hong Kong	80.4	85.9	5.5
Hungary	72.4	80	7.6
Iceland	80.9	85.4	4.5
India	67.6	70.1	2.5
Indonesia	70.4	75.7	5.3
Iran	72.7	75.5	2.8
Iraq	72.6	77.2	4.6
Ireland	78.6	83.4	4.8
Isle of Man	79.6	83.2	3.6
Israel	80.7	84.5	3.8
Italy	79.6	85.1	5.5

Country	Male	Female	Gap
Jamaica	72.1	75.4	3.3
Japan	81.9	88.8	6.9
Jersey	79.5	84.6	5.1
Jordan	73.4	76.3	2.9
Kazakhstan	65.9	76	10.1
Kenya	62.8	65.8	3
Kiribati	64	69.1	5.1
Korea, North	66.9	74.8	7.9
Korea, South	79.3	85.8	6.5
Kosovo	69.8	74.2	4.4
Kuwait	76.8	79.6	2.8
Kyrgyzstan	66.8	75.4	8.6
Laos	62.6	66.7	4.1
Latvia	70.1	79.5	9.4
Lebanon	76.5	79.1	2.6
Lesotho	53	53.1	0.1
Liberia	61.2	65.5	4.3
Libya	74.9	78.5	3.6
Liechtenstein	79.7	84.7	5
Lithuania	69.7	80.7	11
Luxembourg	79.9	84.9	5
Macau	81.6	87.7	6.1
Macedonia	73.8	79.2	5.4
Madagascar	64.7	67.8	3.1
Malawi	59.7	63.8	4.1
Malaysia	72.4	78.2	5.8
Maldives	73.5	78.3	4.8
Mali	58.2	62.5	4.3
Malta	78.1	83	4.9
Marshall Islands	71.2	75.7	4.5
Mauritania	61.1	65.8	4.7
Mauritius	72.4	79.5	7.1
Mexico	73.3	79	5.7
Micronesia	71.1	75.3	4.2
Moldova	67.1	75.1	8
Monaco	85.6	93.5	7.9
Mongolia	65.7	74.4	8.7
Montenegro	75.8	81.9	6.1
Montserrat	75.9	73.2	-2.7
Morocco	74	80.3	6.3
Mozambique	52.9	54.5	1.6
Namibia	62.4	65.6	3.2
Nauru	63.3	70.9	7.6
Nepal	70.4	71.6	1.2
Netherlands	79.3	83.7	4.4
New Caledonia	73.9	82	8.1
New Zealand	79.1	83.5	4.4
Nicaragua	71.3	75.8	4.5
Niger	54.7	57.3	2.6
Nigeria	52.8	55	2.2
Northern Mariana Islands	73.4	77.8	4.4
Norway	79.8	84	4.2
Oman	73.7	77.7	4
Pakistan	66.1	70.1	4
Palau	70.2	76.8	6.6
Panama	76	81.7	5.7
Papua New Guinea	65.1	69.7	4.6
Paraguay	74.7	80.2	5.5
Peru	71.9	76.1	4.2
Philippines	65.9	73.1	7.2
Poland	73.9	81.8	7.9
Portugal	76.2	82.9	6.7
Puerto Rico	77.6	84.4	6.8
Qatar	76.8	81	4.2
Romania	71.9	79	7.1

Country	Male	Female	Gap
Russia	65.3	77.1	11.8
Rwanda	62.3	66.3	4
Saint Barthelemy	76.6	83	6.4
Saint Helena	76.7	82.7	6
Saint Kitts/Nevis	73.5	78.4	4.9
Saint Lucia	75.2	80.8	5.6
Saint Martin	76.6	83	6.4
Saint Pierre/Miquelon	78.3	83.1	4.8
Saint Vincent/Grenadines	73.5	77.6	4.1
Samoa	71.1	77	5.9
San Marino	80.8	86.1	5.3
Sao Tome/Principe	63.9	66.7	2.8
Saudi Arabia	73.4	77.7	4.3
Senegal	60	64.3	4.3
Serbia	72.8	78.8	6
Seychelles	70.4	79.6	9.2
Sierra Leone	56	61.3	5.3
Singapore	82.6	88.1	5.5
Sint Maarten	76	80.8	4.8
Slovakia	73.7	81.1	7.4
Slovenia	74.8	82.2	7.4
Solomon Islands	72.9	78.3	5.4
Somalia	50.7	54.9	4.2
South Africa	62.4	65.3	2.9
South Sudan	60	63.2	3.2
Spain	78.8	84.9	6.1
Sri Lanka	73.5	80.6	7.1
Sudan	62.3	66.7	4.4
Suriname	70.1	75.1	5
Swaziland	52.7	51.5	-1.2
Sweden	80.2	84.2	4
Switzerland	80.3	85.1	4.8
Syria	72.7	77.6	4.9
Taiwan	77.1	83.6	6.5
Tajikistan	64.9	71.4	6.5
Tanzania	61.2	64.1	2.9
Thailand	71.7	78.3	6.6
Timor-Leste	66.8	70.1	3.3
Togo	62.8	68.1	5.3
Tonga	74.9	78.1	3.2
Trinidad/Tobago	70.2	76.2	6
Tunisia	74.1	77.4	3.3
Turkey	72.7	77.5	4.8
Turkmenistan	67.4	73.6	6.2
Turks/Caicos Islands	77.2	82.9	5.7
Tuvalu	64.7	69.2	4.5
Uganda	54.4	57.3	2.9
Ukraine	67.4	77.1	9.7
United Arab Emirates	75	80.4	5.4
United Kingdom	78.6	83.1	4.5
United States	77.7	82.2	4.5
Uruguay	74.2	80.6	6.4
Uzbekistan	71	77.3	6.3
Vanuatu	72.1	75.4	3.3
Venezuela	73	79.1	6.1
Vietnam	71.2	76.4	5.2
Virgin Islands, British	77.4	80.3	2.9
Virgin Islands, U.S.	76.2	82.8	6.6
Wallis/Futuna	76.8	83	6.2
West Bank	73.2	77.4	4.2
Western Sahara	61.1	65.8	4.7
Yemen	63.7	68.2	4.5
Zambia	51.1	54.4	3.3
Zimbabwe	58.3	62.5	4.2