



### **Book Review:**

Men's Health Network is proud to have reviewed "The Modern Mom's Guide To Dads: Ten Secrets Your Husband Won't Tell You", winner of the 2008 Gold Award from the National Parenting Publications Awards, by Hogan Hilling and Jesse Jayne Rutherford. An insightful book for mothers who wonder what their husbands really think of becoming a father, pregnancy, marriage, parenting, and much more. The book bases itself on experiences of a stay at home dad, Hogan Hilling, with countless examples of what goes through a father's mind. Hogan identifies men's thoughts and worries in such a simple and friendly manner he leaves one thinking, "Well, that makes sense". It's a great book for couples who are thinking of starting a family or are already at work. Men's Health Network is pleased that Hogan Hilling and Jesse Jayne Rutherford put forth such a wonderful and user friendly guide out there for people in a father's perspective.

Reviewed by Raquel Gonzalez, **Men's Health Network**