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## FOR IMMEDIATE RELEASE

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### **Gov. Branstad Issues Proclamation for Iowa Men's Health Week – June 10-16, 2013**

(Washington, DC) – Governor Terry E. Branstad issued a proclamation designating the week leading up to and including Father's Day, as *Iowa Men's Health Week* - which is a special awareness period to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices.

**“My goal is to make Iowa the healthiest state in the nation, and I am pleased to promote and highlight Men's Health Week as we work to achieve this goal,”** said Branstad. **“I hope all Iowans will join me in recognizing the importance of healthy activities for males of all ages.”**

In preparation for Iowa Men's Health Week, Men's Health Network (MHN) encourages health care professionals, private industry, faith-based organizations, community groups, insurance companies, and all other interested organizations and individual citizens, to organize and plan for activities and events, which will focus on men's health during the week of June 10-16. For ideas and open resources in both English and Spanish, visit [www.menshealthmonth.org](http://www.menshealthmonth.org).

**“We'd like to thank the governor for recognizing June 10-16 as Iowa Men's Health Week,”** said Ana Fadich, MHN Vice President. **“We hope that by raising awareness about the health and wellbeing of men and boys around Father's Day, they will be more likely to take action and set a doctor's appointment in June.”**

National [Men's Health Week](http://www.menshealthweek.org), sponsored by Senator Bob Dole and Congressman Bill Richardson, passed Congress and was signed into law by President Clinton, on May 31, 1994.

*Men's Health Week is organized by [Men's Health Network](http://www.menshealthnetwork.org) (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at [www.menshealthnetwork.org](http://www.menshealthnetwork.org) and follow them on Twitter @MensHlthNetwork.*

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