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Men's Health Month Encourages Men and Boys to Take Charge of their Health; Together We Can Reduce the Number of Preventable Deaths and Injuries

(WASHINGTON, June 3, 2014) – June is [Men's Health Month](#), and groups across the country are joining Men's Health Network in celebrating this special awareness period. The goal of [Men's Health Month](#) is to heighten the public's awareness of the many preventable health problems that affect men and boys.

Communities across the country celebrate [Men's Health Month](#) by organizing screenings, health fairs, media appearances, and other health education and outreach activities throughout the month of June.

"These efforts reach men where they live, work, play, and pray," said Ana Fadich, Vice President of Men's Health Network, which organizes [Men's Health Month](#) events nationwide. **"They're a great way for healthcare providers, policy makers, the media, and individuals to educate men, their families, and the public on a wide range of men's health issues, including cancers, hypogonadism, cardiovascular problems, sexual and mental health concerns."**

The highlight of [Men's Health Month](#) this year is the 20th Anniversary of National Men's Health Week (NMHW), which is the week ending on Father's Day, June 15, 2014. NMHW was passed by Congress and signed by President Clinton in 1994. Additional support comes from governors and mayors who declare [Men's Health Week](#) in their states and cities.

"Men notice when their car doesn't perform properly, but they don't always listen when their body tells them it's time to see a doctor," says Dr. Salvatore Giorgianni, science advisor to MHN. **"Men's Health Month is a call to action for all men and their families to take ownership of their health and well-being. All dads out there should use Father's Day as a reminder of how much their family needs them, and how important it is for them to take care of themselves."**

We thank our 2014 [Men's Health Month](#) sponsors which include AbbVie and Pfizer Inc. for their continued support of education.

To learn more, go to www.menshealthmonth.org.

About Men's Health Network

[Men's Health Month](#) and Men's Health Week are organized by [Men's Health Network](#) (MHN), a national non-profit organization committed to improving the health and wellness of men and their families with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork and facebook.com/menshealthnetwork

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