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## FOR IMMEDIATE RELEASE

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### **Gov. Beshear Issues Proclamation for Kentucky Men's Health Week – June 10-16, 2013**

(Washington, DC) – Governor Steven L. Beshear issued a proclamation designating the week leading up to and including Father's Day, as *Kentucky Men's Health Week* - which is a special awareness period to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices.

**“Educating the public and health care providers about the importance of healthy lifestyle and early detection of male health problems will help lower men's mortality rates from disease,”** said Beshear. **“Men who are more educated about the value of preventative health care will be more likely to participate in screenings.”**

In preparation for Kentucky Men's Health Week, Men's Health Network (MHN) encourages health care professionals, private industry, faith-based organizations, community groups, insurance companies, and all other interested organizations and individual citizens, to organize and plan for activities and events, which will focus on men's health during the week of June 10-16. For ideas and open resources in both English and Spanish, visit [www.menshealthmonth.org](http://www.menshealthmonth.org).

**“We'd like to thank the governor for recognizing June 10-16 as Kentucky Men's Health Week,”** said Ana Fadich, MHN Vice President. **“We hope that by raising awareness about the health and wellbeing of men and boys around Father's Day, they will be more likely to take action and set a doctor's appointment in June.”**

National [Men's Health Week](http://www.menshealthweek.org), sponsored by Senator Bob Dole and Congressman Bill Richardson, passed Congress and was signed into law by President Clinton, on May 31, 1994.

*Men's Health Week is organized by [Men's Health Network](http://www.menshealthnetwork.org) (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at [www.menshealthnetwork.org](http://www.menshealthnetwork.org) and follow them on Twitter @MensHlthNetwork.*

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