

FOR IMMEDIATE RELEASE

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CONTACT: Alice Alecu
 [\(202\) 543-6461 ext. 101](tel:(202)543-6461)

**Gov. Markell Issues Proclamation for
Delaware Men's Health Week – June 10-16, 2013**

(Washington, DC) – Governor Jack A. Markell issued a proclamation designating the week leading up to and including Father's Day, as *Delaware Men's Health Week* - which is a special awareness period to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices.

“Raising awareness about health risks and ways to lower them is an integral part of our effort to transform our health care system,” said Markell. **“Despite advances in medical technology, men still live an average of five years less than women. By encouraging more men to recognize the importance of a healthy lifestyle, regular exercise, and medical check-ups, we can make people healthier at affordable costs.”**

In preparation for Delaware Men's Health Week, Men's Health Network (MHN) encourages health care professionals, private industry, faith-based organizations, community groups, insurance companies, and all other interested organizations and individual citizens, to organize and plan for activities and events, which will focus on men's health during the week of June 10-16. Men's Health Week is part of Men's Health Month which is sponsored by AbbVie, Auxilium, Pfizer, and MHN. For ideas and open resources in both English and Spanish, visit www.menshealthmonth.org.

“We'd like to thank the governor for recognizing June 10-16 as Delaware Men's Health Week,” said Ana Fadich, MHN Vice President. **“We hope that by raising awareness about the health and wellbeing of men and boys around Father's Day, they will be more likely to take action and set a doctor's appointment in June.”**

National [Men's Health Week](#), sponsored by Senator Bob Dole and Congressman Bill Richardson, passed Congress and was signed into law by President Clinton, on May 31, 1994.

“Coordinating Men's Health Week with the celebration of Father's Day serves as an excellent reminder of the importance of Fathers and other Men in our lives,” said James Morning, Delaware State Coordinator, MHN. **“It encourages Men and their families to make positive choices, to make good health a top priority. The ultimate**

goal is the improved health and well being of the entire Family, so why not start with the Men in your Life.”

Men's Health Week is organized by [Men's Health Network](#) (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork and facebook.com/menshealthnetwork

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