

FOR IMMEDIATE RELEASE

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Men's Health – Still the Topic of Conversation for the Month of June

(Washington, DC) – The celebration of [Men's Health Month](#) continues throughout the nation and across the globe, with health activities, such as educational workshops and screenings, symposia and webinars, wear-blue days, and races like the Fathers Day 8K in Washington, DC organized by the Georgetown Running Club.

“We are pleased that so many organizations and healthcare providers are taking this opportunity to raise awareness of men's health issues and the need for prevention,” said Ana Fadich, Men's Health Network Vice President. **“Men's Health Month continues, and this awareness period is designed to make everyone better informed of their health risks and make changes to improve and extend their lives.”**

Anchored by National Men's Health Week (the week ending on Father's Day), a special awareness period recognized by Congress, Governors of the states, and many mayors, the health and wellbeing of boys and men is celebrated throughout the month of June as Men's Health Month. Proclamations honoring Men's Health Week in the states and cities can be found [here](#). Support for these awareness activities is provided by Men's Health Network (MHN).

“Each year the number and scope of organizations participating in Men's Health Month becomes more and more impressive,” said Brandon Leonard, Program Manager at MHN. **“Men's Health Network and our partners have been busy this month leading webinars, giving workplace presentations, attending health fairs and screenings, and providing educational resources to hundreds of groups around the country with the goal of increasing men's health awareness. We are excited about this momentum and encourage more individuals and organizations to participate in their own Men's Health Month activities, no matter how large or small.”**

During Men's Health Month, health care professionals, private corporations, faith-based organizations, community groups, government agencies, insurance companies, and other interested organizations plan activities and events which focus on the health of men and boys. To access some of those activities as well as resources in both English and Spanish, visit www.menshealthmonth.org. Men's Health Month sponsors include AbbVie, Auxilium, Pfizer, Mankind Project, American Osteopathic Association, Association of Black Cardiologists and Men's Health Network.

“Men – especially men of color – live shorter, less healthy lives than women, but it doesn't have to be that way,” said Armin Brott, nationally syndicated columnist and radio host of "Positive Parenting", who also edits the popular blog, TalkingAboutMensHealth.com. **“Guys are often so concerned with taking care of**

their family that they neglect their own health. To prevent any illnesses and ensure you'll be around longer to take care and provide for those you love go and get checked in June."

Men's Health Month (www.menshealthmonth.org) is promoted by [Men's Health Network](http://www.menshealthnetwork.org) (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork and facebook.com/menshealthnetwork

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