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FOR IMMEDIATE RELEASE

June 11, 2013

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Mayor Wharton Issues Proclamation for Memphis Men's Health Week: June 10-16, 2013

(Washington, DC) – Mayor AC Wharton, Jr. issued a proclamation designating the week leading up to and including Father's Day, as *Men's Health Week in the City of Memphis*. This is a special awareness period to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices.

“Despite advances in medical technology and research, men continue to live an average of five years less than women with African-American men having the lowest life expectancy,” said the proclamation. **“The citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups.”**

In preparation for Men's Health Week in the City of Memphis, Men's Health Network (MHN) encourages Memphis residents, men in particular, but also women and their families, to participate in the many activities and events, which will focus on men's health during the week of June 10-16. Men's Health Week is part of Men's Health Month which is sponsored by AbbVie, Auxilium, Pfizer, and MHN. To check for health events in your area, visit www.menshealthmonth.org.

“I would like to thank Mayor Wharton for recognizing June 10-16 as Men's Health Week in the City of Memphis,” said Ana Fadich, MHN Vice President. **“We hope that by raising awareness to the health and wellbeing of men and boys around Father's Day, they will be more likely to take action and set a doctor's appointment in June. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue.”**

National [Men's Health Week](#), sponsored by Senator Bob Dole and Congressman Bill Richardson, passed Congress and was signed into law by President Clinton, on May 31, 1994.

“As a resident of Memphis and also dedicating much of my work to raising awareness on the importance of men’s health, I am pleased to have our mayor recognize this important week,” said Judy Seals-Togbo, MHN Project Manager Tennessee Chapter. **“In effort to celebrate Men’s Health Week, to raise awareness and educate men and boys, and their families about their health, we are organizing in collaboration with the University of Tennessee the Sixth Annual Men’s Health Summit on June 15th. Back in 2011 we introduced boys into the summit, starting with 13–year-olds, as it is important to start educating them early on setting good patterns of healthy eating and healthy lifestyle.”**

Men’s Health Week is organized by [Men's Health Network](http://www.menshealthnetwork.org) (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork.

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